



GREAT BRITAIN RIFLE TEAM CANADA 2011





David Richards	GM, SC	Captain & Coach	GB & England	Hampshire
John Warburton	CSM2, GC, CGC, CSC	Vice Captain	GB & England	Yorkshire
Ian Shaw	CSM	Adjutant	GB & Scotland	Surrey
Charles Brooks		Coach	GB & England	Hampshire
Jeremy Langley	CSM, CGC, CSC	Coach	GB & England	Devon
Sarah Jane Binder*			England	Yorkshire
Daniel Blake*				London
Danny Coleman	GM, CGM, SM, SC2		GB & England	Surrey
David Crispin			GB & England	Surrey
Henry Day			GB	Suffolk
David Dyson			GB & England	Yorkshire
Jonathan Kent*			England	Surrey
Andrew Lothian			GB & England	Surrey
Emma Nuttall*			England	Lancashire
Stephen Penrose			GB & England	Essex
Kelvin Ramsey			GB & England	Surrey
David Rose			GB & England	Northants, Leics & Rutland
Simon Shouler*			England	Nottinghamshire
Jonathan Taylor*			England	Berkshire
Andrew Wilde			GB & England	Somerset

* Denotes New GB Cap



ITINERARY

Monday	8th August	Depart Bisley Flight: Heathrow to Halifax Arrive Halifax & check into Lord Nelson Hotel
Tuesday	9th August	Free day in & around Halifax
Wednesday	10th August	Practice Day, Bull Meadow Range, Nova Scotia
Thursday to Sunday	11th August 14th August	Nova Scotia Annual Prize Meeting Friday evening: Reception at the Halifax Citadel
Monday to Wednesday	15th August 17th August	Free days in & around Halifax Wednesday: Truck departs for Ottawa
Thursday	18th August	Depart Halifax Flight: Halifax to Ottawa Arrive Ottawa & check into Barons Hotel
Friday	19th August	pm: Ottawa Regiment @ 900m
Saturday	20th August	am: Gooderham @ 500 ^x & 900m pm: Army & Navy Veterans @ 900m
Sunday	21st August	am: Tilton @ 300m & 600 ^x pm: Macdougall @ 300m & 500 ^x
Monday	22nd August	am: Norman Beckett @ 300m & Colonel John Brick @ 500x pm: Norman Beckett @ 800m & Colonel John Brick @ 600x
Tuesday	23rd August	am: Letson @ 300m & 500x pm: Letson @ 600x & Alexander of Tunis @ 900m pm: Coaches Match @ 900m
Wednesday	24th August	am: Presidents @ 300m & 500x pm: Presidents @ 600x & Gibson @ 800m
Thursday	25th August	am: Gibson @ 300m & 600x pm: Outlander Team Match @ 600x & 900m
Friday	26th August	am: Gatineau @ 900m pm: Commonwealth Team Match @ 800m & 900m
Saturday	27th August	am: Canada Team Match @ 300x, 500x & 600x pm: Governor General's Final @ 800m & 900m pm: Prize Giving
Sunday to Monday	28th August 29th August	Depart Ottawa Flight: Ottawa to Heathrow Arrive Bisley



© Hugo Burnand 2008

H.R.H The Prince Of Wales



CLARENCE HOUSE

As President of the National Rifle Association, I am delighted that rifle teams from Great Britain continue to travel to countries within the Commonwealth, and beyond, and to compete at the very highest level. These visits do much to foster relationships and understanding between countries that share a common history and culture.

I am particularly pleased to note that the Great Britain Rifle Team will this year visit Nova Scotia, whose Rifle Association is celebrating its 150th anniversary - the oldest rifle association in North America. They will then proceed to Ottawa to compete in the annual Canadian Championships, culminating in two international matches against Canada.

I wish the Team every possible success in all their competitions and all participants the very best of luck, and I look forward to hearing about the tour on its completion.





It is a great honour to have been appointed by the NRA to captain the Great Britain Rifle Team to Canada this year. Especially so because for only the second time since the Nova Scotia Rifle Association was founded 150 years ago a GB team is going to compete in their Annual Championships (the only other GB Team visited 50 years ago for the Centenary). The NSRA is the oldest rifle association in the whole of North America (north or south of the border) and I am delighted that we will be with them to celebrate this anniversary – only one year after the NRA celebrated its own 150th.

Along with my Vice-captain John Warburton and Adjutant Ian Shaw (who is the only member of the Team to have visited Nova Scotia – with Scotland) we have selected a team with big match experience leavened with six new caps; all hungry to make their mark on the international stage. We all intend to enjoy ourselves making new acquaintances and renewing old friendships – something that rifle teams are generally very good at!

On behalf of the Great Britain Rifle Team to Canada I wish to express our gratitude to all those who have kindly supported us by advertising in this brochure and by donating goods and services that will raise money for the team at the auction during the Imperial Meeting. A list of those who have assisted us is found on the inside back cover.

Please follow our progress through our website, which may be found at <http://can11.gbrt.org.uk/> or through a link from the NRA website, www.nra.org.uk

A handwritten signature in black ink, which appears to read 'D. Richards'. The signature is written in a cursive, flowing style.

David Richards
Captain, Great Britain Rifle Team



Organized target rifle shooting in the North American Colonies began in Nova Scotia in October 1861. The inception of rifle shooting competition and subsequently Rifle Associations in the Colonies at that time was no accident, and it was clearly modelled after the events in England that resulted in formation of the National Rifle Association of Great Britain in 1860. In Nova Scotia, the first recorded match occurred in a field near Windsor and was attended by 106 participants, and by 1866 matches were attracting over 400 competitors.

Since 1872 when two Nova Scotian marksmen travelled with the Canadian team to Wimbledon, the Nova Scotia Rifle Association has been proud to send our best marksmen to compete abroad. In 1890 three NSRA members attended the inaugural matches at Bisley and many have competed there since then. One of the by-products of sending marksmen and shooting teams abroad is the ongoing personal relationships that result. It is those relationships that eventually turn into invitations for team visits to our homeland.

Despite having the world's most prolific shooting nation as our next door neighbour, Nova Scotian and Canadian marksmen have always retained our close connections with the United Kingdom. At the NSRA 100th Anniversary matches in 1961 Nova Scotia hosted the Great Britain Rifle Team to Canada and this year, at our historic 150th milestone, we are more than pleased to do the same. It is a great honour that the GBRT has chosen to attend our 150th Anniversary matches as their first stop in Canada in 2011.

It is my distinct honour to welcome the Great Britain Rifle Team to Nova Scotia and to Canada and I wish the team members good luck and good shooting during your visit.

Andrew S. Webber
President, Nova Scotia Rifle Association



Age, the eye, and how to compensate.

If, like myself, you find you are now eligible for SAGA holidays and are considering a cruise rather than an overseas tour, give me a moment of your time and I will try and explain why your sight picture is more elusive these days, and what we can do to compensate for it.

Age related changes within the eye affect everyone, to varying degrees, and can make significant changes to your sight picture, your accuracy, and hence your enjoyment of shooting: The crystalline lens inside the eye continues to grow and change shape throughout life – this only really becomes apparent to most people in their 40's, when focusing on things close can become difficult. Time for your first reading glasses? Also, the colour of the lens becomes browner, meaning contrast sensitivity reduces and acuity in low light will deteriorate. However slight at this stage, this is progressive, and can eventually develop into a cataract (i.e.) the formation of opacities in the lens structure, mostly in the 60's and 70's.

Potential Problems

The inability to change focus from far to near (like you used to be able to) means that the aperture settings of the front and rear sights will need to be changed from those that have served so well for decades! The rear sight needs to be as small as possible, in order to increase depth of focus (have the foresight and target both as close to in focus as possible). This can be counter intuitive, as going bigger lets more light in and makes the picture look clearer: Beware; this is the most common catastrophic error!

My method is to close down the rear aperture, whilst on aim, until the sight picture goes dark and cobwebby - this is too small, now come back up in size very slowly until the cobwebby appearance disappears but it is still a little darker than you would like: This is the correct setting. The actual size will depend on eye relief, altitude and brightness, pupil size, etc, but will probably be around 0.7 to 0.9. Using over this size in anything other than very low light is probably a mistake!

If it is difficult to get foresight and target in focus together, a compromise will have to be made. It is much more critical that the foresight is clear and black than you have a crisp target. We have all shot in torrential rain or misty & foggy days, and been surprised to achieve groups difficult to achieve on a clear day! My point being, the eye will centre a fuzzy blob every bit as clearly as a crisp black one, providing the foresight is clear. To this end, if you wear an optical correction, you may want to adjust your prescription to achieve this. If this causes the target to be out of focus, fitting it into the same foresight aperture may no longer be possible: it may be necessary to go bigger, probably at least .2 or more.

As contrast sensitivity in the eye reduces, the size of the pupil in the eye also gets smaller, so considering filters may become an issue. It's difficult to be proscriptive on this issue as there is a significant element of personal preference. However as a general rule; yellow/pink tints enhance contrast between the aiming mark and its background (particularly in hazy conditions) and grey/green tints will help with glare on sunny & bright days.

As the crystalline lens continues to age, and early opacities develop, you may find that in certain light conditions you find one part of the sight picture is distorted. E.g. The top right edge of the aiming mark, and possibly the foresight ring, are distorted and to see a circular aiming mark you



Gary Alexander and Specsavers Opticians

Wish the Great Britain Rifle Team to Canada

All the best of luck and every success in all your endeavours

Eye Examinations
Shooting Glasses
Contact Lenses

42 Northbrook Street
Newbury
Berkshire RG14 1DT

<http://www.specsavers.co.uk/newbury/>

Lenses and Advice - from shooters for shooters

have to look off centre through the rear aperture. Effectively what you are doing is looking around the cataract which is causing the distortion. At this stage the opacity can be so small as to be very difficult for your eyecare consultant to see it, and they will be at a loss as to what the problem is. So what to do? Well, in the longer term, the cataract operation is the most commonly carried out procedure in the UK (and probably in the western world) so it is not something to be scared of. But of course you are going to need specialist and shooting sympathetic advice. In the shorter term the best bet is optical correction and a lot of experimentation.

Age related changes in the eye don't finish with the lens; floaters become much more common and can be a real nuisance, basically these are bits of debris in the jelly inside the eye (the vitreous humour). These bits cast a shadow on the retina and appear as translucent grey blobs of differing size and shape, more easily seen against a bright background like the target! Try dealing with them by looking down while waiting for your shot. Then when coming on aim, if they are interfering too much to cope with, try looking off to one side and back again: this should move the floaters for long enough to release the shot. Good luck!

Editor's Note: Moving floaters are far less of a problem, and you may not even notice them if you rapidly flick your eyes from side to side a couple of times: they'll be moving too fast to really disrupt the sight picture... (Doing this vertically may make the problem worse, though.)

At the back of the eye is the retina and in the central point is the maculae, the bit that has the highest concentration of receptor cells to enable accurate vision, the problem here is that it deteriorates with age. ARMD (age related macular degeneration) is the biggest cause of blindness in the world, and once damaged, it is time to try coaching or range officering.



On this, I can only advise a healthy diet, lots of coloured fruit and veg, lots of anti-oxidants and STOP SMOKING!

What can be done?

So, you've been shooting for years and your local optician has given you a lens that helps (if they have adjusted the lens to allow for focusing the foresight, and for the back vertex distance due to eye relief, and for the astigmatism axis due to head posture on aim). But it's still difficult to make out the 1000 yard number boards and the score indicator board. What next?

Eagle eyes are widely in use now (rightly or wrongly is a subject for a different day!) Will that help? Almost certainly: they can significantly magnify the sight picture (requiring a much larger foresight aperture size) but you'll feel like a teenager again! You may however have to change the power of the correcting lens (in your shooting glasses or other lens at the back) as over correcting to enable a clear foresight aperture, in conjunction with the low plus power eagle eye lens, will result in an image too blurry to shoot at!

Simply put, if you try an eagle eye (such as the "right sight" or any of the similar, large diameter eagle eyes) and it's blurry, then it can be improved. However you should also consider the multitude of issues raised by these appliances: they sit higher above the barrel (so the sightline is higher and may require a change to the stock and cheek piece which means the bolt cannot be opened), they increase wind buffeting, and so on it goes... Striving for improvement is never easy!

Now the target is looking clearer, what next? Well, the problem is seeing your plot: the shooting lens is a distance correction, so will you need a reading lens as well? Also, your non shooting eye can't really make out the flags clearly anymore, so how do we fix that? I use a bifocal lens in the left eye to solve these problems but there is an added benefit, in that by using my left eye for the scope (with a bifocal) I can see the mirage in two parts of the range at the same time!

So which is better? Shooting glasses, contact lenses, a lens in the backsight or attached to it, dioptre, eagle eye, laser refractive surgery (now there is another choice!), cataract operation, what's an ageing shooter to do? All of these options are the best option for someone, but we are all different and for good advice, find a shooting optometrist who understands your needs and can help you compensate for the changes that inevitably come with age. The good news is that most of the difficulties you will encounter can be helped.

Virginia Hayward

www.virginiahayward.com

Hampers & Gifts

Wishes the Best of Luck
to the Great Britain Rifle Team



Tuli Safari Lodge offers a varied, authentic and affordable safari experience in the Northern Tuli Game Reserve, a beautiful, unspoilt corner of Botswana. Diverse wildlife, 350+ bird species, dramatic scenery, fascinating archaeology & geology, community projects, conservation programmes ... the area has something for everyone. Tuli is a great safari experience to add on to a South Africa trip, just over the border near Mapungubwe.



Tuli Safari Lodge was voted Botswana's Leading Safari Lodge in the World Travel Awards 2009, 2008, 2006, 2005 & 2004.



www.tulilodge.com
info@tulilodge.com
 Tel: +267 264 5343



COMPLETE MEATS

An award winning Devon butcher, specialising in free range locally produced meat, fabulous sausages and home cured meats and bacon. We have three retail shops and deliver quality meat to restaurants and businesses throughout the West Country.

Complete Meats are proud to support the GREAT BRITAIN RIFLE TEAM.

Shop on-line or call us to place an order or make a catering enquiry.



Shops in Axminster, Chard and Honiton

Order by phone on **01297 33282**

email: info@completemeats.co.uk

www.completemeats.co.uk



caricatraits



For individual or group caricature
caricatraits.co.uk
 by *Becky Roper*



Good luck to the Great Britain Rifle Team!



David Richards GM, SC (Captain)



David is team captain. He first visited Canada as an Atheling in 1976 and since has toured with GB many times returning to Canada on 3 occasions. David has won HM The Queen's Prize and been runner up in the Grand Aggregate at Bisley. He has shot and been reserve in all the "Big 5" matches as well as coaching in 4 of them (just the Australia to coach for a unique record).

David has his own company, Capreolus Fine Foods, which he describes as "Artisan Charcuterie" - he smokes meat and supplies many of the leading restaurants in the South of England. His catalogue does not yet include Moose.

John Warburton CSM2, GC, CGC, CSC (Vice Captain)

As vice-captain John's role within the team is to ensure that the captain is happy at all times. John has toured with GB teams to most countries shooting TR but this will be his first time back in Canada since 1992. John has enjoyed some individual success along the way, notably winning the Grand Aggregates at Bisley and Ottawa. He is somewhat of a bridesmaid having been runner up twice in both HM The Queen's Prize and Governor General's Prizes. John particularly enjoys team shooting and one of his best memories to date was being a member of the 1992 GB Team that won the Palma in the US.

Away from the ranges John enjoys watching rugby, particularly Harlequins, and cricket, a game that he coaches and still plays a little. He also enjoys game shooting during the winter months.



Ian Shaw CSM (Adjutant)



Ian is the team adjutant, a position he is ideally suited to as his organisation skills are well known. Ian is a marksman of considerable pedigree and experience having toured extensively with GB and Scotland. He has represented Scotland at four Commonwealth Games, winning silver in the pairs in Delhi in 2010. Individually Ian has won the Ballinger Belt in New Zealand and is one of the many members of this team to have been runner up in the Governor General's Prize in Ottawa.

After a career in the London insurance markets Ian now works in consultancy. Not surprisingly having run the bar at the "Surrey" Ian is quite adept at making cocktails, particularly one called a "dustbin" - consume with caution.



Charles Brooks

This is Charles' fifth visit to Canada, four times with GB teams and once as an Atheling. He has also visited the Channel Islands with the NRA team and the West Indies with GB and will be returning to the Caribbean in 2013 as vice-captain with that year's GB team. Charles is one of team's wind coaches and brings a wealth of experience gained coaching Hampshire and England teams over the years. Individually Charles has won a number of trophies at Bisley and has a good collection of HM The Queen's Prize and St George's badges to show for his efforts.

Professionally Charles is a solicitor and a partner in a UK law firm. Having practised in Paris for some years he is a qualified French lawyer (Avocat à la Cour). He also is the Hon legal adviser to the British Biathlon Union - although has never set foot on a biathlon ski course. When not shooting or working, Charles likes watching all sports, particularly rugby (London Irish & England), cricket, and football (Manchester United) and also finds time for a little golf and game shooting.



Jeremy Langley CSM, CGC, CSC



Jeremy is no stranger to Connaught as this will be his 8th tour to Canada and his 14th GB tour, which have taken him pretty much everywhere that shoots TR. He has also shot the DCRA meeting as an individual

or as part of Atheling teams on three other occasions. On previous visits Jeremy has had his fair share of success, winning the Grand Aggregate and finishing second in the Grand Aggregate and in the Governor General's prize after tie shoots.

Jeremy is also travelling to Australia with the GB team in October this year, competing in the World Long Range championships, and will return to Canada next year as the captain of the 2012 GB team to Canada & USA. Three tours in 13 months - Jeremy has a very understanding wife: Thanks Judy!

When not shooting Jeremy is a team leader and antenna engineer with SELEX Galileo. He also enjoys "tinkering" with old cars and is the proud owner of a 1974 Corvette Stingray, much beloved by his young son Ben, which is a common sight and especially sound around Bisley.



Exceptional British artisan charcuterie

Capreolus Fine Foods would like to wish the Great Britain Rifle Team the very best of luck on their tour to Canada.

An award-winning, family-owned artisan smokehouse in the heart of Dorset, Capreolus Fine Foods specialises in cured, air-dried and smoked charcuterie.

For 10% discount on web orders, use code **GBRTCANADA2011**.



Capreolus
Fine Foods

capreolusfinefoods.co.uk -- sales@capreolusfinefoods.co.uk -- 01935 83883
Uphall Farmhouse, Rampisham, Dorset, DT2 0PP

PUB SNACKS JUST GOT SERIOUS



*...and it's
all in the best
possible taste!*

Pork fans. Look out for Serious Pig salami in a quality pub near you or tip-off your landlord about what's just happened in the world of pub snacks!

Free Range



British Pork



National pub distributors required

seriouspig.co.uk

Distributed in the
South East by



tavernsnacks.com

020 8858 4339



Sarah Jane Binder

Sarah Jane is one of the new caps on the tour. She started shooting at the age of 14 with Huddersfield Rifle Club then joined the Derbyshire ACF where she continued to shoot and toured to Canada with the ACF team in 1999. She quickly became a regular shooter for Yorkshire and was selected to tour South Africa with the GB U19 team. She has represented England in the National Match and in 2009 won the second stage of the St George's.

Sarah Jane is trained in law and criminology and works as a paralegal in South Yorkshire. She is an avid follower of criminal dramas such as CSI and everything else of that genre. Her other great love is her horses which she keeps at her parent's livery stables and when not shooting can be found with her four legged friends.



Daniel Blake

This is Dan's first GB cap. He has visited the Channel Islands with the NRA team and Canada in 2007 with the very successful GB U25 team that won the U25 World Long Range Championships. This last visit to Connaught was a memorable one as he won a number of trophies including the Otter, Coulter and Harrison. Dan has gained considerable team shooting experience with the County of London team, one of the strongest county teams in the last 10 years and also with the GB U25 team. At home Dan has a number of St George's, and HM The Queens Final appearances, represented England in the National Match as a reserve and shot the European Long Range Championships.

Dan works for the Wessex Group as a "senior" Information Communication Technology Technician where he keeps their IT running smoothly. Dan is a keen repairer of old rifles specialising in Lee Enfield's which he restores back to shooting condition - once was the time he could have earned good money making the old "steam gun" shoot on Stickledown.



Danny Coleman GM, CGM, SM, SC2

Danny lives in London and is a barrister specializing in immigration and human rights law. He has represented England and Great Britain regularly since the age of 18 both at home and abroad. When not at Bisley or on tour Danny spends his time fishing and hunting big game in Southern Africa. He is especially looking forward to fishing in Nova Scotia where he will be accompanied by his gorgeous and long suffering girlfriend Victoria.





David Crispin



This is David's second GB tour after New Zealand last year. He's been to Canada twice before with the England team in 1995 and 1999. He spends a lot of time at Bisley as Chairman of the Surrey Rifle Association and is very proud of the recent work done by a very active committee. He is really looking forward to going back to Canada to meet old shooting friends. When he lived in Rochester, NY for six years he regularly went across the border to Canada to shoot with the Ontario Rifle Association. He undoubtedly will provide a boost to the share price of Dairy Queen through milk shake consumption during the tour.

David works for an American IT company as a Technical Account Manager specialising in Network Attached Storage. His other interest is flying light aircraft. David has a private pilot's licence and flies a single engine Piper Archer from Fairoaks airport in Surrey on hamburger runs to the Isle of Wight.

Henry Day

Henry has just graduated from Cambridge University with a degree in chemistry. Although the "youngster" on the team at 21, this will be his fourth tour of Canada, having previously visited with the ACF team, the Athelings and as a member of the very successful 2010 team when he finished strongly in both the Governor General's prize and Grand Aggregate, winning the Otter for the highest placed U25 and topped off the tour in style shooting in the winning America Match team. Henry will be travelling to Australia later in the year as a member of the GB U25 team shooting in the world long range championships.

Henry is a committee member of the Hawk's club, a gentleman's club for university sportsmen at Cambridge and was recently featured in an article on the club in the Field Magazine. Henry clearly enjoys academic life and will be starting work for a PhD in medicinal chemistry at the University of East Anglia later in the year.



David Dyson



This will be David's sixth visit to Ottawa, the fourth as a member of a GB team and more recently twice as an individual competitor, which was terrific fun, especially in the NRAA. David retired from the emergency services in West Yorkshire a few years ago and is another one of the Yorkshire contingent in the team. This is his first visit to Nova Scotia and he is the only member of the team to have lived in Halifax - the Yorkshire version.

Outside of shooting one of his main interests is travel. He has set himself a challenge to have visited more countries than his age, so far he is ahead of target as the list exceeds his age (57), but still needs a few more on the list to stay in front. In fact if the Falkland Islands are considered part of the Antarctic David can claim to have shot competitively on 6 continents.



David Calvert
Winner of H.M. the
Queen's Prize
Bisley 2010



Andrew Tucker Jackets

For over thirty years our jackets have been the choice of champions around the world. Winners of Queen's Prizes and Grand Aggregates, State President's and Governor General's Prizes, Bramley Chains and Ballinger Belts, Commonwealth Games and Palma Championships.

Whatever your goal, a made-to-measure Andrew Tucker jacket can help to make those dreams come true.

We know our customers want the best and we are always looking for ways to improve our products. We now offer our jackets with either buttons or zip fastenings and they can also be made with adjustable shoulder straps if required.

Visit us online at www.AndrewTuckerTargetSports.co.uk where you will find details of the new range of colours of leather, suede and canvas available for our jackets, you can download self-measurement and colour-selection charts as well as order forms for our jackets.

In due course, the website will also have details of the second-hand Kowa and Leica spotting scopes that we have in stock and also the Ewing Scope Stands for which we are sole U.K. importers and agents.

Andrew Tucker Target Sports

P O Box 28896, London, SW13 0YD

Telephone and Fax +44 2088 762 131

Email: James@AndrewTuckerTargetSports.co.uk

www.AndrewTuckerTargetSports.co.uk



Great Britain Rifle Team

Best of Luck in the
Dominion of Canada
and Nova Scotia

Fullbore Rifle Championships!

Lone Star Accuracy LLC

Supporting international competitors
in America, Canada and Australia,
by providing custom manufactured
target rifle ammunition
that **WINS!!!**

J.J.Jackson@lonestaraccuracy.com
PO Box 581, Haslet, Texas 75062
817.750.2650



Bookmark our home page:
www.hps-tr.com
 for news about HPS products,
 services and trade shows we will be
 attending in 2011.

HPS is an HSE Licensed
 Commercial Manufacturer of
 ammunition since 1993.
 All HPS ammunition is CIP
 approved, packaged and
 labelled according to UN
 regulations for UK and
 International Transport.
 HPS are also Liability Insured.

HPS
 BRINGING QUALITY AND
 INNOVATION TO THE
 SHOOTER

PO Box 308
 Quedgeley, Gloucestershire
 England
 GL2 2YF

Phone: +44 (0) 1452 729 888
 Fax: +44 (0) 1452 729 894
 E-mail: info@hps-tr.com
 Website: www.hps-tr.com

HPS TARGET MASTER AMMUNITION – WHEN YOU WANT THE VERY BEST
SYSTEM GEMINI – FOR TOP CLASS SHOOTING

TR701 and TR702 Fullbore Rifle Stocks, FR703 Smallbore Rifle Stocks, FC704 F-Class/Bench Rest Rifle Stocks, Butt Plates, Handstops, Bipods and Other Accessories plus Smallbore and Fullbore Test Rigs.

HPS also provides Traditional Wooden Stocks, Rifle Barrels and Actions, Point Master Shooting Mats, Gloves, Caps, Slings, Gun Bags, Rifle Boxes, Weatherwriters, Capes, RPA and Centra Parts and Accessories, Complete Rifles Built to Customer Specifications Plus Re-Barrelling, Full Rifle Servicing, Repairs, and Refurbishment Service.



HPS is Britain's premiere target rifle supplies company, bringing the combined experience of two international target rifle shooters in both fullbore and smallbore shooting. HPS can offer the fullbore and smallbore shooter a variety of quality products and technical support. With their experience both in the workshop and on the range, HPS should be your first stop for all your shooting needs.



GOOD LUCK TO THE GREAT BRITAIN RIFLE TEAM TO CANADA 2011!



www.penningtons.co.uk

fluid thinking.
clear solutions.

providing all aspects of legal advice
 for businesses and individuals

Penningtons Solicitors LLP is delighted
 to support The Great Britain Rifle Team
 and Charles Brooks and wishes them
 every success in Canada in August 2011.

www.penningtons.co.uk



PENNINGTONS
 SOLICITORS

**HUDDERSFIELD
 FULLBORE RIFLE CLUB**

“Last of the Summer Wine” Country



We wish Sarah Jane Binder, Dave Dyson, John Warburton, and the rest of the GB Team: Good Luck on your trip to Canada 2011.

We welcome all fullbore shooters to try our electronic targets at Brockholes Rifle Range.

For Details contact our President Dave Allen:

E-mail: da014i0303@blueyonder.co.uk

<http://www.huddersfieldrifleclub.co.uk/>



Jonathan Kent

Jonathan is very excited to be returning to Canada for his first full GB cap having toured to Canada twice before: first with the Athelings in 2003, where he was the top scoring cadet in the Grand; and next in 2007 as part of the winning U25 GB World Championship team. Jonathan comes from a family of shooters and so has been brought up with rifles and competition (mostly from his father) from a young age. Jonathan still argues that F-class is cheating.

Jonathan currently works as a paralegal in London dealing with overseas companies starting up in the UK. When he is not in work or on the range, he spends his time learning how the internet works and trying to be the biggest geek he can be. He has a great love of classic cars, even though he sold his classic Ford for a modern Mercedes.



Andrew Lothian



Andrew is the second captain in the team, in his case of a Virgin Atlantic 747. Amazingly this is Andrew's first trip to Canada since he was an Atheling in 1973 and although he has toured with GB and England teams more recently this will be his first GB tour in the northern hemisphere. Andrew is an experienced team shot having shot Palma and Australia matches and represented a very strong Surrey team for many years.

Interestingly he lists his non-shooting pursuits as ironing and helping his two sons to wind up their mother. As a consequence of his occupation Andrew has an endless supply of jokes many of which are not suitable for print and it was said of him on a recent trip to South Africa that whenever he started a sentence it could be guaranteed to end with something inappropriate.

Emma Nuttall

This is Emma's first full GB cap having visited Canada twice before with the ACF and the Athelings. She has also toured South Africa with the GB U19s, Australia with the U25s and in 2008 shot in Raton with the England team. Emma shoots for Lancashire (much to the distress of the vice-captain) and in the last few years has won 4 HM The Queen's Final badges and represented England in the National match twice. She has also had a spell as the shooting coach at Cheltenham College.

Emma has recently become a Police Officer with the Surrey Constabulary, and is currently based in Guildford – though Bisley remains off her beat, for the time being, much to the relief of some no doubt. Away from shooting and law enforcement her interests include running, wildlife, fancy dress, museums, soap operas and films.





Stephen Penrose



A veterinary surgeon by profession makes Stephen the ideal choice as one of the team medics. He has been a member of many GB and England teams and has shot extensively around the world. Not surprisingly in the process has shot just about every match there is including Kolapore, Palma, Australia, New Zealand and America matches. Stephen is one of the small band of non South Africans to win the SA State President's prize which he did in 1999.

When not shooting Stephen enjoys skiing, travelling and spending time in a safari lodge in Botswana in which he has a part share. To the Yorkshire contingent in the team Stephen is known simply as "veterinary" a term used in the Yorkshire dales for the vet.

Kelvin Ramsey

This is Kelvin's first visit to Canada as a member of a GB team. He has previously toured with GB to the West Indies and is particularly looking forward to the palm fringed white sandy beaches of Nova Scotia. He has toured with GB U25 and was a member of the first England team to visit Raton in 2008.

As a consultant surgeon working in London, Kelvin is the medical officer on the team and will deal with any cases referred to him by the "veterinary". Kelvin's sporting prowess and intelligence were on show at an early age when, aged 12, he was a contestant on the TV show "Junior Krypton Factor".



David Rose



David is one of the Old Epsomians in the team having starting shooting at Epsom College in the 1990's. He won his first GB cap on the 2010 tour to New Zealand and clearly enjoyed the experience as he then went on to tour Canada later that year and now returns again for a second time. He has also toured to Australia and the Channel Islands with the GBU25 and NRA teams. David will be Adjutant to the Great Britain Team to the West Indies in 2013.

David works as a "talent manager" for a company in London and away from shooting enjoys travelling and cars and can often be seen cruising around Bisley with the top down on his convertible - in all weathers. David has trekked in the mountains of Pakistan (not recently one hopes), climbing glaciers and crossing some of the higher passes in the Himalayas.



CLEARVIEW SCOPES



*Shooter? Twitcher? Digi - Scoper?
Old scope getting tired? Need a new one?
For all your spotting scope solutions in
one place to suit your individual needs*

*Choose from a wide selection of high
quality scopes and accessories...*

Kowa **Leica** **ZEISS** **AVIAN**

Tel: 01159 818 301 Mob: 07943 881 665 Email: info@clearviewscopes.com



Hannah Jenkins Dog Training

Dog Training; Pet & House Sitting; Pet Photography; Dog Walking

Based in Richmond & Twickenham.
Available most weekends at Bisley.
Also available in Canada during the tour...

Hannah wishes the Great Britain Rifle Team
an enjoyable tour, and above all,
every success on the



**GREAT BRITAIN RIFLE TEAM
CANADA 2011**

<http://can11.gbrt.org.uk/>



Simon Shouler



Simon shoots for Nottinghamshire and this will be his first senior GB tour. Like many of the younger members of the team he has been involved in GB U25 shooting, touring with them to Canada and Australia where he was coach to the U25 Australia Match team and was also a member of the team competing in the U25 World Long Range Championships at Bisley in 2003. Individual successes include winning the Times and Alexandra (in the same year) and also the Chairman's Prize as well as a number of St George's and HM The Queen's Final appearances. Simon has represented England in the National Match and the European Long Range Championships.

Simon works in sales for a builder's merchant and in any free time he has left can be found scuba diving, playing badminton, fly fishing or firing a shotgun, though not all at the same time. He has always had a keen interest in Minis (classic of course) and has even built a kit car version – our very own "Charlie Croker".

Jon Taylor

This is Jon's first GB cap. Jon shoots for the Windsor club where he has been full bore captain for over 20 years. He first toured with the NRA team to the Channel Islands and after a number of strong individual performances at Bisley meetings, notably winning the second stage of the St George's, shot for England in the National Match.

Away from shooting Jon is a project engineer in the telecoms industry and relaxes with a little golf (the regimental type, right, left, right..), skiing, gardening, photography and watching the "beautiful game", in particular Reading FC. Jon once had a driving lesson with former F1 world champion Damon Hill around Brands Hatch, a fact that will no doubt bar him from getting behind the wheel of any team vehicle.



Andrew Wilde



This is Andrew's first visit to Canada having previously toured with GB to New Zealand and with England to South Africa and the USA. Having started shooting at Bath University in the early 1990's he went on to shoot for the LMRA and Somerset but following a change of stock in '05 his fortunes certainly changed with a string of very strong performances in Imperial meetings resulting in a number of top 5 finishes in the Grand Aggregate, which gained him both England and GB team caps.

Andrew runs his own engineering consultancy working in the oil & gas and defence sectors. A self-confessed petrol-head Andrew enjoys tinkering with anything mechanical, including his motorbike. His visit to Canada this year is the first leg of a world tour taking in the US, Australia, New Zealand, Africa and many points in between. Andrew undertakes this epic journey with his Triumph motorbike and partner Hannah.



The History of the Athelings

This article has been written to give an overview on the history of the Athelings. The annual Athelings tour is one of the reasons there is such a close relationship between the shooting communities in Canada and in Great Britain, and many of the members of this Great Britain Team had their first taste of international shooting with the Athelings.

The first exchange visits of cadet teams took place in 1910, when parties of cadets from Australia, New Zealand and Canada came to England, and a contingent of 12 English cadets under Major McCalmont MP, Adjutant of Eton College OTC, visited Canada. Many cadets from the self-governing Dominions came here in 1911 for the Coronation, and the British-Canadian exchange visits for cadet shooting teams (then called "Fire Units") were continued in 1912 and 1913.

These early interchanges were fostered by the Imperial Cadet Association, founded in 1908 by Surgeon Captain RJE Hanson, to create and maintain links between the cadet movements in the Mother Country, Dominions and Colonies. Resulting from this linkage, Surgeon Captain Hanson received in 1928 an official invitation from the Secretary of the DCRA for a party of two Officers and twelve Cadets to take part in the Annual Meeting at Connaught in August, and then to spend two weeks on tour in Canada. This, and the subsequent regular visits of British Cadet Rifle Teams, was organised by the Imperial Cadet Association, with the approval of the War Office. The 1928 visit was paid for in its entirety by Sir Charles Wakefield Bt, who at the same time presented to DCRA the Cadet Aggregate Trophy which bears his name.

After 1928, annual visits to Canada were firmly established, and they continued without a break until 1939. Surgeon Captain Hanson introduced the name "Atheling" during this period, to describe the members of these teams going overseas to represent their country in shooting. The word, of Anglo-Saxon origin, means a "young noble", usually the heir to a ruler or leader. In 1932 Surgeon Captain Hanson presented a trophy, which he named in honour of Michael Faraday, to be competed for on the Connaught Ranges, Ottawa, between the Athelings and a team of Canadian cadets.



The Statue presented by the Canadians
In recognition of the Centenary of British Cadet Teams
to Canada



AW Eng Ltd

Engineering Consultancy

Wishes all of the Great Britain Rifle Team
the best of luck
and every success in Canada

Specialising in:
Marine & Subsea engineering,
Controls systems &
Hydraulic systems

Experience on
Astute, S-80 and Upholder (now Victoria)
classes of submarine

Contact: Andrew Wilde at AWEng@wilde.org.uk



Surgeon Captain Hanson died in 1940 and the task of restarting the visits after World War II fell mainly on Major JAO Muirhead of Clifton, who had been the Commandant of the 1928 team, and on Major EF Housden of Harrow, Commandant in 1937. Post-War difficulties, financial and otherwise, prevented effective action before 1951 when, thanks to the enthusiasm and practical support of Colonel DG Buell, the Director of Cadets in Ottawa, an exchange of rifle teams was arranged. Colonel Buell's efforts provided generous hospitality for Athelings both on the ranges and while on tour in Canada.

During the Fifties, War Office support for the British Cadet team did not include any financial assistance. As a result it was sometimes difficult to find a sufficient number of cadets with adequate shooting ability who could afford to go, and in 1958 and 1959 the Athelings tours had to be cancelled. The position greatly improved in 1960 when, on the occasion of the centenary of the Cadet Forces in UK, the Ministry of Defence undertook to make a substantial grant which almost entirely covers the travel costs of the team. This grant was negotiated by Lieutenant Colonel CE Bond of the City of London School, who in that year took over the organisation of the Athelings Tour, and it has continued until the present time.

Since 1960 the number of applications for membership of the team has been far in excess of the places available, and cadets can now be selected entirely on their shooting ability. In 1970, following the setting up of the Council for Cadet Rifle Shooting, Colonel Bond was succeeded by Lieutenant Colonel RE Goddard of Epsom, and in 1995 Lieutenant Colonel NS Suffield-Jones, late of Bradfield.

Reciprocal visits by a team of Royal Canadian Army Cadets started in the early fifties, and in 1954 Colonel Buell presented a trophy, named after Alexander Graham Bell, to be competed for at Bisley by the cadet teams of Canada and the UK. In this match the UK team is selected from all CCF and Open Unit cadets who are shooting in the target rifle events of the NRA Imperial Meeting.

A further match, shot in two stages at Bisley and at Connaught, was instituted in 1987. It is known as the Rex Goddard, with a trophy presented by Lieutenant Colonel AJ Cafik, Commandant of the RCAC Bisley Teams of 1985 - 1988. Competition is between the Canadian Bisley Team and the Athelings, and was at first based on aggregate scores in the Ashburton/Garry and the Buell matches. Since 1993 this event has been fired as a separate match, using the standard issue cadet rifle of the host country.

	Canadian Wins	UK Wins
Michael Faraday	36	30
Alexander G Bell	11	46
Rex Goddard	11	12

THE TRINITY OSTEOPATHIC PRACTICE

Osteopathy, acupuncture, massage and counselling



Emma Childs BSc (Hons) Ost.
Kevin Partridge BSc (Hons) Ost.
Lucy Smith BSc (Hons) Ost.
Miles Cowan BSC (Hons) Ost.



Registered under the Osteopaths Act 1993



42 Bell Street, Shaftesbury,
Dorset, SP7 8AE



<http://www.trinitypractice.co.uk/>

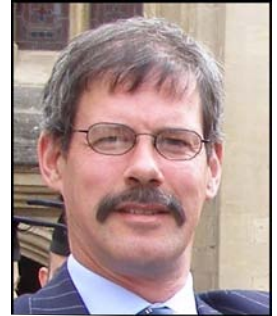
Tel: (01747) 851726



Musculoskeletal problems in target rifle shooters

Mr Jonathan Hull MD FRCS(Orth), Consultant Orthopaedic Surgeon, Frimley Park Hospital NHS Foundation Trust, Camberley & Spire Clare Park Hospital, Crondall. (jonathanh@jointreaction.co.uk)

(Jonathan shoots regularly for Hampshire and was selected for England in the 2010 National match and the European Long Range Championships. He was also a member of the 2011 NRA Channel Islands Team)



Introduction

To my knowledge there are only two orthopaedic surgeons currently shooting target rifle at Bisley. Do the others know something we don't? There are various musculoskeletal ailments that can either be brought on by shooting, or can hamper one's performance of the sport, but fortunately these seem to be quite rare – at least they have been until this article has been read by the shooting fraternity! In order to try and help with definition of the words we use, I have put orthopaedic terms in italics and have given an explanation in the text.

I should like to present a fairly light-hearted view of orthopaedic shooting problems and offer some advice on how best to overcome any difficulties they may produce. I am also always happy to offer advice both at Bisley and by e-mail or other means; hopefully you will never need it.

Areas of concern

From an orthopaedic perspective, we think of the human frame as being a central trunk, shoulder and pelvic girdles, and the upper and lower extremities. Although problems may overlap, it is generally easier to describe ailments within these areas. Hopefully, not too many shooters will have multiples aches and pains simultaneously.

Central trunk

The trunk comprises the head, neck, and spine; midline structures, but with paired joints at every level in the spine (48 separate joints, all of which can hurt). *Spondylitis* is a commonly used term and refers simply to the process of wear and tear arthritis in the joints of the spine; the symptoms of stiffness and pain are common, especially in the lower back when the term *lumbago* is sometimes used. *Sciatica* is leg pain caused by pressure of a slipped intervertebral disc in the lower spine; this is usually quite severe and if present, is a good reason not to shoot until it has resolved.

Shoulder

The shoulder joint is a ball and socket surrounded by muscles known as the *rotator cuff*. These muscles have to pass under the end of the collar-bone and are sometimes squeezed in too tightly causing *impingement*. This produces pain in the shoulder and can restrict movement considerably, at its extreme leading to a *frozen shoulder*. Shoulder problems in shooters are quite common and can present with pain, restricted movement and a painful clicking within the joint.

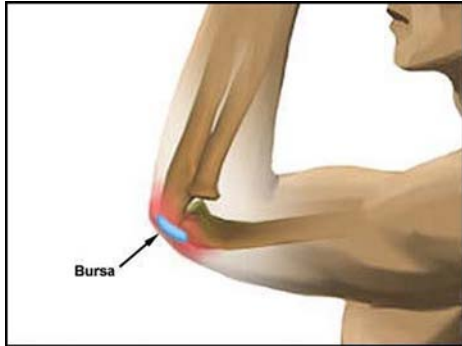
Pelvis

Hip problems are common in general and as we all get older, we are prone to hip stiffness, pain and arthritis. Lying prone can be a problem with hip arthritis and may prevent good positioning. This can stop the shooter adopting the cocked leg position with his right leg, and if affecting the left leg, can stop his pelvis lying flat on the ground.



Elbow

Elbows can be a real cause of trouble for shooters. Pain and swelling over the point of the elbow is known as *olecranon bursitis*. This is inflammation of the soft tissue cushion which is aggravated by the pressure of lying in the prone position. Other elbow conditions such as *golfers elbow* and *tennis elbow* are also not unusual in our sport – these two expressions describe pain from inflammation of the inner and outer sides of the joint.



Olecranon bursitis



Painful swelling

Knees and feet

Fortunately we lie down to shoot, and lower limb orthopaedic problems with the exception of hips are usually solved by lying flat. Getting to the correct firing point on time may, however, be an issue for the lame!

Advice and suggestions - Exercises

I cannot provide a comprehensive guide to deal with all potential problems, but I will attempt to offer some particular advice for some of the common orthopaedic ailments affecting those who shoot.

Warm ups

It is very sensible to spend a few minutes warming up each time you shoot. Just as cats and dogs stretch when they first get up after a sleep, we ought to do so after resting, especially as we get older. Joints need to move and putting the major joints through a full range of movement is always useful. The following was written by Jackie Davies who was team physiotherapist for the GB Palma Team before emigrating to Canada (reproduced with permission):

The method of stretching hasn't changed much in the last 30 years, with the general consensus being that a stretch should be held for a minimum of 20 seconds (30 seconds preferable) and repeated at least 3 times. To maintain flexibility, the stretching should be done once daily. To improve flexibility, stretching should be done at least twice if not three times daily.

Stretching should be targeted at the correct structure (most commonly a muscle or a group of muscles) and should not be painful. If done well, the sensation should start as a light pull, which should ease off during the 30 seconds and allow further application of the pull (leaning more into the stretch). After stretching, the body part should feel more supple. However, this may last only a short time initially. To achieve permanent lengthening, research suggests that it can take 6 weeks of targeted stretching.

(As in most things orthopaedic, physiotherapists usually know more than surgeons, and Jackie certainly understands the issues facing rifle shooters.)

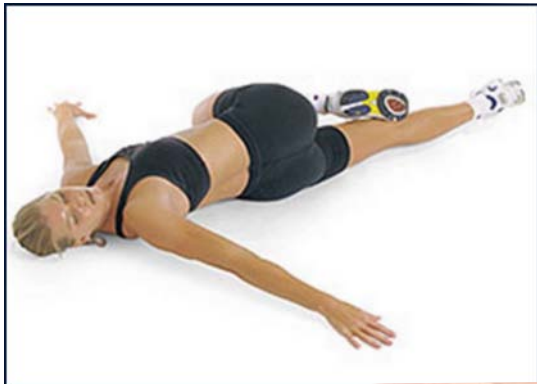


Spine

Anyone who has suffered with back pain and has seen a physiotherapist for it will know what exercises to do and what good effect they can have. For the amateur back pain sufferer however, the following is a simple regime worth considering when time and space allow:

Simple extensions

Stand with feet shoulder width apart and gently arch the lower back aiming to look directly upwards. Stretch backwards as far as possible and hold the position for 5 seconds. Relax and repeat 5 times.



Lumbar rotations

Lie on your back. With alternate knees, flex at the hip bringing your knee up towards your chest. Rotate to the side, trying to bring the side of your knee as close to the ground as you can, while keeping your shoulders flat on the ground. Hold the position for 5 seconds before returning your knees to the midline, and then rotating to the other side. Repeat 5 times.

Hip extensions

Get into the all-fours position with weight evenly distributed on hands and knees. Slowly raise one leg behind you, trying to elevate the thigh to as near horizontal as possible, keeping the trunk flat, using your stomach muscles. Hold for 5 seconds and repeat with the other leg. Do 5 sets of each.



JOINT REACTION ORTHOPAEDICS

We are a group of 11 NHS orthopaedic surgeons and one pain specialist. We undertake private practice based at Spire Hospital Clare Park, Crondall near Farnham in Surrey. We cover all aspects of orthopaedics, including spine problems, upper and lower limbs and feet. Privately insured and self-funding patients equally welcome.

For an appointment please contact

Cynthia Green (practice manager):
01252 851285 / cynffgreen@btinternet.com

www.jointreaction.co.uk



Press ups

Not proper ones, but from the position flat on your front, lift up on your arms arching the spine from the waist, trying to hold the position with elbows fully straight. Hold for 5 seconds and relax, repeating 5 -10 times.

All of these exercises should be undertaken slowly and in a controlled manner, with no sudden violent or jerky movements. Done carefully, they should not put you at risk of injury, however bad your back pain feels. Most people will obtain some relief of discomfort after doing them.



Shoulders

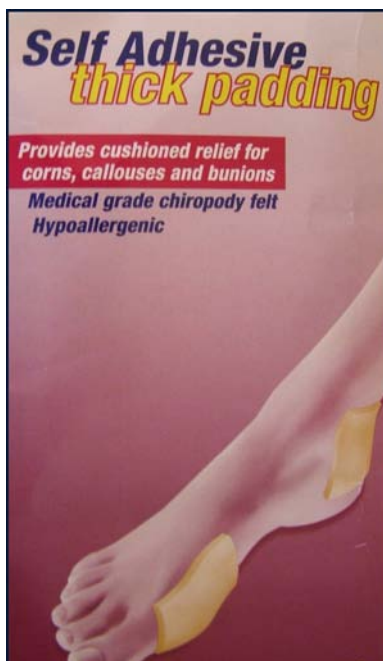
Stretches and rotations are important and worth doing regularly. Also, keeping a good erect posture, with the shoulders well-braced, will keep the rotator cuff muscles in better condition, reducing impingement. Exercises to pull the shoulders back trying to bring the elbows together behind you can help with posture.

If you experience painful clicking in the front of the joint, don't keep *making* it click if you can avoid it. It is caused by an inflamed tendon snapping over the front of the shoulder and repetition can make the inflammation worse.

Advice and suggestions - Equipment

Getting in and out of your jacket can be a problem with a bad shoulder: Always try and put the bad side in first, as this causes less shoulder movement and should be less painful. Don't be afraid to ask for assistance getting the jacket off!

There is no avoiding the shoulder with our type of shooting. If symptoms are really severe, a rest from the sport may become necessary; cortisone injections and ultimately surgery may have to be considered.



Padding is the key with elbows. Modern shooting jackets cannot incorporate thick padding, and so we have to somehow protect the elbow inside the sleeve. There are ready made devices for elbow joint protection and these may be useful. They may be quite bulky, however, and not fit inside the jacket comfortably. If the overall pressure on the point of the elbow increases, the pain will as well, and the object of the exercise is defeated.

I have long suffered with bursitis and have developed a near perfect solution. 7 mm thick orthopaedic felt can be bought in sheets from main chemist stores. It is designed for the foot and has a sticky side which is applied to the skin.

*** IMAGE ***

If a square of this material is cut (approx 12x12 cm), and a small hole is cut out of the centre about 2 x 2 cm, this can be stuck onto the point of the elbow with the painful swollen tip of the olecranon projecting through the



hole. The support around the elbow tip relieves just enough pressure to make shooting perfectly comfortable and the relatively thin padding layer does not cause problems inside the jacket sleeve. The adhesive is strong enough to keep the felt in place for up to several days if necessary but it can be changed daily if desired.

An alternative is to use the felt pad with the sticky side stuck to a tubigrip support. This can then be turned 'inside out' and the padded tubigrip worn on the elbow. Although reusable and easy to use, this is less stable and can potentially move about during a shoot.

Medication

There is not a pharmacological cure for every problem but there is no doubt that simple painkillers can help. *Paracetamol* is a reliable safe and effective analgesic and can be taken regularly without risk. Taken as per instructions it will reduce the level of background chronic pain and will not cause harm or addiction. Paracetamol *will not* mask serious or significant pain.

Anti-inflammatory drugs can be very helpful for the conditions that effect shooters. *Ibuprofen (Brufen)* is available over the counter. Taken as instructed, full effect is unlikely unless it is taken regularly for 2-3 days. This drug is generally safe but may cause gastric irritation and can make asthmatics worse. This type of drug can also be used as a gel and can be applied topically over the painful area. *Ibuprofen* and *Voltarol* gel are two examples and can be very effective, particularly where the inflamed joint is close to the surface (eg elbow). The gels can be used in addition to the tablet form of the drug.

Preparations such as *Glucosamine* may have some use in the treatment of early arthritis. These do not work in the short term and are not recommended for the treatment of symptoms brought on during Bisley week!

Other sources of professional help

Pharmacist:

All pharmacists can offer advice for simple medication treatment of orthopaedic problems; often a very useful source of assistance.

Physiotherapist:

There are many very good independent state registered physiotherapists, excellent professional practitioners who can advise and undertake treatment for a wide range of conditions.

Chiropractic:

Similar to physiotherapists, these practitioners are trained predominantly to deal with trunk conditions, and will emphasise the importance of spinal alignment.

Osteopath:

For any musculoskeletal problems, concentrating on manipulation and massage techniques.

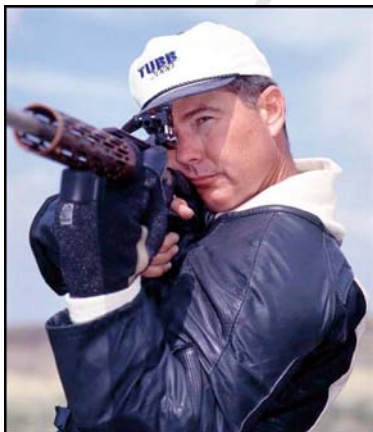
Sports therapist:

Not as strictly regulated as the above, but can be very effective.

Do ensure any therapist you consult for treatment is registered with their professional body and if possible always try and obtain a personal recommendation (just as you would, of course, before consulting an orthopaedic surgeon!)

THE CHOICE OF CHAMPIONS

More National Champions choose the Creedmoor hardback over any other coat on the market!



G. David Tubb
11 time NRA National High
Power Rifle Champion

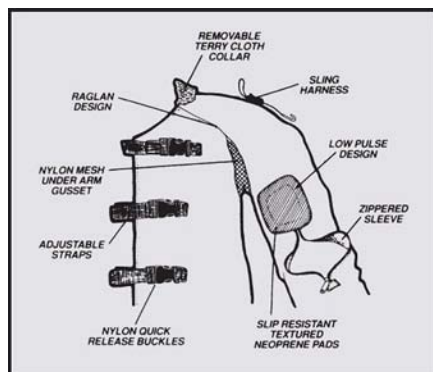


Norm Houle
2004 & 2006 NRA National
High Power Champion



WHAT'S THE DIFFERENCE?

Shooting Offhand in a Creedmoor heavy shooting coat is like leaning against a fence post for support. Better scores prove it. Our superior design gives emphasis toward supporting the shooter's standing position. Look at these shooting features contained in all of our heavy coats and you will see why the top competitors choose Creedmoor.



Dennis DeMille
2003 NRA National Service Rifle Champion
2005 NRA National High Power Rifle Champion

CREEDMOOR® SPORTS INC.

CREEDMOOR SPORTS, INC. 1405 S. COAST HWY. OCEANSIDE, CA 92054 • TOLL FREE: 800-273-3366
E-MAIL: shoot@creedmoorsports.com • INTERNET ORDERS: www.creedmoorsports.com • FAX ORDERS: 760-757-5558



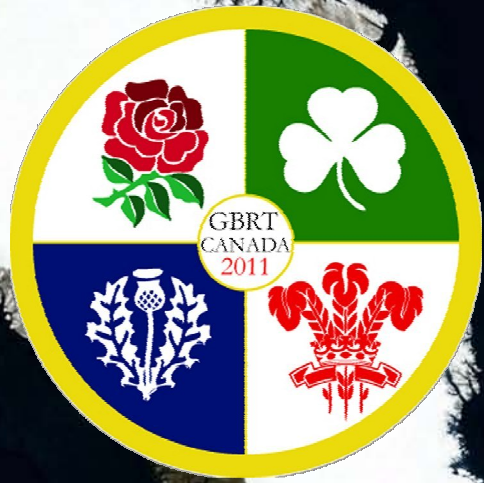
ACKNOWLEDGEMENTS

**National Rifle Association
Dominion of Canada Rifle Association
Nova Scotia Rifle Association**



A and J Swash
Alan Masters at Jacon Ltd
Alex Matcham at M&G Investments
Andrew Tucker Target Sports
Andwell Brewing Company
Andy Tomlinson
Arrow Offset Printers
AWEng Ltd
Becky Roper
Bill Richards
Bisley V Club
Brewfitt Limited
Brian Parkinson Builders
British Broadcasting Corp Rifle Club
Capreolus Fine Foods
Caricatracts
Cash and Carry Cartridges
Charles Oliver-Bellasis
Civil Service Sports Council
Clayesmore Prep School
Clayesmore School
Clearview Scopes
Close Credit Management Limited
Collections Team at Carlyle Finance
Creedmore
Dave Green
Deborah Fenn
Derek Lowe
Dorset Golf & Country Club
Eastbury Hotel, Sherborne
ECB
G E Fulton's & Son
Gary Alexander
Graham Hawtree at Riverside Garage
HPS
Huddersfield Rifle Club
Ian & Anita Laird
James Lewis
Jerry Blake
JJ Jackson
Joint Reaction
Jonathan Hull
Kevin Partridge
London & Middlesex Rifle Association
Lone Star Accuracy
M and D Binder of Binders Stables
Malcolm McFoy Solicitors
Mapperton Gardens, Dorset
Mat Follas
Milborne Rifle Club
Nick Cousins
Nick Tremlett
North West Collections and Recoveries
Panache Hair Salon
Paul Johnson
PC World Business
Penningtons Solicitors LLP
Phil Hunt at Phil Hunt Garages
Port P Ltd
Reigate Hill Golf Club
River Cottage Canteen, Axminster
Rob Burden of Burdens Agricultural Contractors
Rotherham Off Roaders Club
S&P Equipment
Serious Pig
Specsavers Newbury
Squires of Shaftesbury
Surrey Rifle Association
Tim Scriven at Gold Hill Computers
Trinity Osteopathic Practice
Tuli Safari Lodge
Virginia Hayward at Virginia Hayward Ltd
Wickersworld
Yorkshire Rifle Association

**And finally, last but certainly not least,
all our families and friends,
without whose understanding and support we would not be able to go**



Halifax

Ottawa

Brochure compiled
and produced
by Andrew Wilde
of AW Eng Ltd.