

		THURSDAY - FREE STATE														
Name	Surname	300m		600m		TOTAL		800m		900m		TOTAL		TOTAL		PLACING
		2+10		2+11		ex 105		2+10		2+11		ex 105		ex 210		
Gary	Alexander	50	5	51	2	101	7	46	2	45	0	91	2	192	9	28th
Jonny	Borland	47	4	49	2	96	6	48	2	50	3	98	5	194	11	23rd
James	Bullock	45	1	50	2	95	3	47	3	50	1	97	4	192	7	29th
David	Calvert	50	4	55	5	105	9	48	0	50	1	98	1	203	10	2nd
Simon	Carson	49	4	53	4	102	8	48	3	52	2	100	5	202	13	5th
Chris	Claridge	49	6	50	2	99	8	45	4	49	1	94	5	193	13	27th
David	Crispin	49	4	53	4	102	8	45	2	50	0	95	2	197	10	17th
Lauren	Crowson	49	3	51	3	100	6	46	4	52	3	98	7	198	13	12th
Gareth	Davies	49	3	52	5	101	8	47	4	47	2	94	6	195	14	20th
Steve	East	49	2	54	3	103	5	45	2	48	1	93	3	196	8	19th
Colin	Johnson	49	6	54	3	103	9	48	2	48	2	96	4	199	13	11th
Alwyn	McLean	50	3	54	5	104	8	49	6	49	2	98	8	202	16	3rd
Neil	Moxon	49	5	52	4	101	9	45	1	46	2	91	3	192	12	36th
Julie	Ouston	48	5	51	1	99	6	48	4	47	2	95	6	194	12	24th
Nigel	Penn	49	4	50	1	99	5	39	1	42	2	81	3	180	8	43rd
Iain	Robertson	48	4	52	1	100	5	48	5	48	2	96	7	196	12	18th
Peter	Seebohm	49	4	49	2	98	6	48	5	49	2	97	7	195	13	21st
Rick	Shouler	50	5	51	3	101	8	47	2	49	2	96	4	197	12	15th
Mick	Silver	49	4	46	0	95	4	46	4	50	2	96	6	191	10	32nd
Ben	Stevens	48	4	52	3	100	7	45	0	47	2	92	2	192	9	30th
Jon	Underwood	49	4	55	6	104	10	48	4	53	2	101	6	205	16	1st